November 2002 Idaho Parents as Teachers State Report

Parents as Teachers is a parent education program designed to help parents be the best teachers for their children in the early years. The Born to Learn curriculum translates information on early brain development into concrete "when," "what," "how," and "why" advice for families- taking neuroscience from the laboratory into families' homes. Components for this voluntary program include: monthly home visits, group meetings, screening, and resource referral. By confirming the undeniable impact of children's early experiences on the developing brain, the curriculum supports and teaches parents how to provide the kinds of experiences that give their children the best possible start in life.

Impact of a single program year

694 RESOURCE REFERRALS

310 DELAYS OR CONCERNS IDENTIFIED



Parent educators screened 1499 children for hearing, vision and development. Most programs utilize the Denver II or ASQ screening tool. Red flags raised in any of these screenings trigger a referral for further evaluation through the Infant Toddler Program, Special Education services, physicians or other professionals.

Parent
educators
get families in touch with
community resources to help them meet
their many challenges including: GED
and continuing education, housing and
utility assistance, Head Start, library
programs, mental health and childcare
programs.

Serving 1332 families and 1889 children in 37 programs

Parents
Increase
Knowledge
Confidence
& Skills

After one year of PAT parents report significant increases in knowledge, confidence and skill levels on the University of Idaho Parenting Survey. 275 surveys have been completed indicating changes in parent perceptions and behaviors that were both statistically significant and substantial. Parents reported an average increase of 2.12 steps in knowledge, 1.72 in confidence, and 1.24 in ability on a 6 step parent ladder.



OUTCOMES



PARENTS READ MORE TO THEIR CHILDREN

Survey respondents indicated a significant increase in the amount of time they spend reading to their young children. This was reported as a 1.20 mean change on a 6 step parent ladder.



97.3% FULLY IMMUNIZED

97.3% of children in the PAT program, 19-35 months of age, are fully immunized, compared with 74.6% of children in Idaho and 77.6% of children in the US of comparable age.

(2000 National Immunization Survey, National Immunization Program)



HIGH SATISFACTION

93% (N=255) of parents surveyed reported a high level of satisfaction with personal visits. Respondents rated helpfulness of personal visits on a scale from 0-6. Ratings of 5-6 were considered highly satisfied.



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IDAHO PROGRAMS

Data for this report was generated by 31 PAT Programs in Idaho that are participating in the University of Idaho Evaluation Project. Their locations are indicated on the map below.

North •

Boundary County Extension, Bonner County Extension, Even Start~Sandpoint, U of I EvenStart~Moscow/Bovill, N. Idaho PAT, ICARE, LCSC Family Education, Nez Perce County Extension, Clearwater Infant Project



South West •

Gem County Extension, Boise County Community Justice, U of I Meridian, U of I Kuna, FCF Head Start, Family Advocate, Mountain States Group, Salud y Provecho, Nampa Teen Program, Gooding County Extension.

South East

Power County Extension, South Central Head Start, Help Inc., SEICAA, Oneida/Franklin Counties Extension, Caribou/BearLake Counties Extension, Project Love, Language & Literacy, Shelley Schools, Jefferson County Extension, Freemont/Clark Counties Extension